



Christianity 101

Christianity 101 is for anyone wanting to better understand the basics of Christian faith, whether as a refresher, early growth steps or thinking about life transitions. Topics include: "The Biggest Questions of Life"; "Something's Gone Wrong"; "What the Bible Says"; "This Thing Called Sin"; "Where Does Jesus Fit Into This?" "A New Direction for Life;" "Four Things God does for You"; "The Three Dimensions of Discipleship".

The course follows Rev. Harold Percy on video, as he delivers inspiring discussions of the topics. The course also includes small group discussions of what is said.

Course leader: Ian Hollywell.



Sunday Morning Bible Study

Not everyone can make it to our Faith Growth Nights on Wednesdays. So we're adding one course on Sunday morning. Come for Bible study @ 9:00 and stay for worship at 11:00.

This term we'll study the book of Colossians--a small letter in the New Testament, written by the Apostle Paul. It offers encouragement to people then and now by describing the great victory Jesus Christ has won over the powers of our world. We'll work with the Bible in one hand and readings from N.T. Wright in the other hand. The purpose of this course is to celebrate this great work of Christ in our lives today.

Course leader: Norm Greene

NBUC's School of Faith

Courses for Early Winter 2012

Growing in faith is normal for Christians--from the cradle to the grave. Our culture doesn't help us much with that, so NBUC has created its own School of Faith. It offers a set of courses, activities and resources that help us take steps along the path to spiritual maturity.

Over the past year c. 150 people participated in courses offered on Wednesday evenings from 7 to 8:30. Starting on January 11th the first series of courses will be offered on Wednesday evenings. We'll also add a Sunday morning course for people who can't make it out on Wednesday evenings. Sign up for a course and see what God will do!

Inside you'll find a list of courses to try out.

**Wednesdays, 7:00-8:30,
starting Jan.11 AND
Sunday Morning Bible
Study, starting 15
January @ 9:00.**



Faith Growth Courses

Early Winter 2012

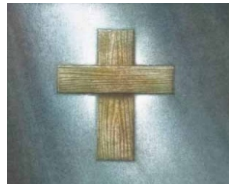
The Way



The Way is a course for those who are finding their way into faith--either for the first time or after a long time away from a faith community. The course focuses on learning what it means to walk "The Way of Jesus" in the real world. Topics include: spiritual practices, serving God in your "sweet spot", the Christian community and next steps for you. The course covers the basics of life at North Bramalea; plus you'll meet people on the same path. No experience necessary!

Course leaders: Jamie Holtom & Donna Gileno

The Life You've Always Wanted



A course on spiritual practices. A video-based course in which John Ortberg, well-known author and speaker, takes viewers on the road to transformation and spiritual vigor. Ortberg helps us cultivate intimacy with God and confidence in prayer, as well as the benefit of slowing down the frantic pace of life and being guided by the Holy Spirit. The secret? Like a marathon, it's not in trying harder that we grow but in pursuing spiritual practices consistently.

Course leader: Norm Greene

Leadership & Family Systems



Do you want to be a better leader in your life, your church, or at work? If so, this course is for you!

Bowen Family Systems theory offers key insights into how relationships work and how they can go so easily off-track. Through this six-week course, we will explore--in practical real-life ways--how to improve how we behave as leaders. We'll look at how each of us can develop healthier, calmer and more mature ways of working with others. We will also look at some Biblical stories that illustrate important lessons for this area of Christian life.

Course leader: Rev. Glenn Smith

Body, Mind & Spirit



Body, Mind & Spirit offers a time to nurture:

- our bodies with gentle stretching and movement;
- our minds by reading Joyce Rupp's book "Dear Heart, Come Home, The Path of Mid-Life Spirituality";
- our spirits, with guided meditation that invites us to hear God speaking into our lives.

Books are available for pick-up before the course begins.

Leaders: Sue Shaw, Debbie Johnson

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